

TRAILS IMPACT SERIES

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As communities throughout the U.S. and the world cope with the devastating toll of COVID-19, the pandemic has brought a renewed focus on the importance of local trails. The Trail Impact Series explores how local trails are vital assets for improving physical and mental health, building community, stimulating economies, and fostering climate resilience. The goal is to provide community leaders, trail planners, and advocates with evidence-based information on the benefits of trails, and recommendations for advancing informed design, policy and programming. To view the series visit: www.cttrailcensus.uconn.edu/trail-impact-series

