



Connecticut Trail Census

Statewide multi-use trail user study

Intercept Survey Instructions

Thank you for participating in the Connecticut Trail Census Intercept Survey! Please follow these guidelines for collecting surveys:

- Aim to collect at least 100 surveys* total
- Collect surveys in 2-hour intervals if possible with 2 surveyors.
- Do not survey in front of or in close proximity to the infrared counter
- Rotate between weekends/weekdays
- Rotate times of day: (Consider the following time blocks. Please review your trail use patterns. Aim to collect data during each of the following periods: 6-8 am, 8 am - 12 pm, 12-2 pm, 2-6 pm, 6-8 pm)
- Aim to collect during every season
- During each surveying session, one surveyor should record refusals and complete the summary sheet

Questions? ctrailcensus@gmail.com.

Complete the items in this box.
Circle the abbreviation of your trail name or, if applicable, trail number.

CHECK the zip code to be sure there are 5 numbers

The survey will take less than 5 minutes to complete and participants may leave any questions blank if they don't wish to answer.

For Internal Use Only
Date _____ Time _____ Initials _____ Notes _____

Site Code EHAMP THOMP NBRIT CHESH N1VN HAMD BOUL VERN OXF MIDDLEB DERBY WILTON MADISON BROOK TORR 1 2 3 4

Trail Census Trail User Survey

None of the information gathered will be used to identify you individually. All data will be kept confidential and will be aggregated for analysis.

1. What is your home ZIP code? _____
2. How are you traveling on the trail today?
 Walk Equestrian
 Run/Jog In-line skate
 Bike Other _____
3. If there are children age 18 or under using the trail with you today list how many _____
4. How many minutes do you plan to spend on the trail? _____ # minutes
5. What is your purpose? (select all that apply)
 Recreation Exercise - Manage weight
 Relaxation Exercise - Preventative
 Dog walking Exercise - Endurance
 Travel to school Exercise - Prescribed
 Travel to shopping Family time
 Travel to work Socializing
 Tourism/sightseeing Other _____
6. Does the availability of this trail impact your decision to exercise or the frequency at which you exercise? ___ Yes ___ No
7. How did you get to the trail today?
 Car/Motorcycle (alone)
 Car/Motorcycle (with someone else)
 Public Transit (bus/train)
 Bicycle
 Walk Other _____
 Run/Jog
8. How often do you use the trail at this location?
 First time Once a week
 5 or more times/week Once a month
 2-4 times/week Every few months
9. During which seasons do you generally use the trail? (Select all that apply)
 Summer Winter
 Fall Spring
10. **On this trip to the trail only, if you have spent or plan to spend money, please write how much you will spend on the following in whole dollars (If nothing write "0"):**
 Beverages \$ _____
 Food (snacks, etc.) \$ _____
 Meals at a restaurant \$ _____
 Gas \$ _____
 Retail (gifts, clothing, etc.) \$ _____
 Equipment rental \$ _____
 Lodging \$ _____
 Nearby activities (recreation/ amusements) \$ _____
 Other _____ \$ _____
 Total \$ _____
11. How much do you spend each year on goods or services related to trail use? Include gear, clothing, equipment rental, repairs, auto accessories, etc. \$ _____
12. What are your favorite things about this trail?

13. What would improve your trail experience?

14. In the past week, how many days did you get in 30 minutes of extra activity that was NOT part of your daily routine? Includes things like jogging, playing soccer, fitness or dance classes, or exercise videos. The 30 minutes could be all at once or 10 minutes or more at a time. Do not count housework, taking care of kids, or walking from place to place.
 _____ # days/week
15. How many of these days included vigorous exercise? Causing increase in breathing or heart rate
 _____ #days/week
16. What is your age range?
 Under 18 45-54
 18-24 55-64
 25-34 65-74
 35-44 75 or over
17. What best represents your household income?
 Under \$24,999 \$100,000 – \$199,999
 \$25,000 - \$49,999 \$50,000 - \$99,999
 \$50,000 - \$99,999 Over \$200,000
18. What is your race or ethnicity? (Select all that apply)
 White Asian
 Black or African American Pacific Islander
 American Indian Spanish, Hispanic
 Other _____ or Latino
19. What is your gender?
 Male
 Female
 Prefer to self describe _____

CHECK- If they left Q10 blank, confirm if they chose not to answer or if they didn't spend any money. If they spent NO MONEY they should enter "0" in TOTAL. Responses should be WHOLE DOLLARS

CHECK- Answers should be legible

Respondents may choose to leave any question blank, including demographics